



Hello, I am Susanne, an artist who runs art workshops for Arts and Minds and other arts organisations. You may already know me but even if you don't, this series of invitations to create are for you all.

So welcome.

Firstly, you do not have to be an artist to take part, everyone is capable of making something and these are for everyone.

If you think you are not creative . . .
you may surprise yourself.

When you respond to these invites you will become part of a small art making community. You may be physically isolating but you are socially connecting with others also taking part. You are not alone. These invitations are for you.

There is no judgement here about good or bad, right or wrong. I want to encourage you to enjoy this invitation. Experiment and try things out. At the end, take some photographs and send them to us. We will give you some feedback. So . . .

Let's get started!

INVITATION TO CREATE

FULLSCOPE

SUPPORTING WELLBEING /
CONNECTING COMMUNITIES

Walk around and look at the hidden elements in your oh so familiar home and garden. Really look at the small things, a plug socket, a nail, a radiator fitting or a handle.

If you are outside - look for a tiny detail on a leaf or flower, or a fitting on part of a garden tool. Or look at the tiniest bud on a plant or a small leaf emerging from the ground. Look at stones.

Really start to look at these details and start to draw them on pieces of paper.

They can be done quickly or slowly and it doesn't matter what the drawing is like. There is no right or wrong. Do not assess your drawing - just take the simple pleasure of running a pencil over the paper. Your drawing does not even need to look like the object. It's your interpretation!

When you have filled in a number of small bits of paper with these drawings find an empty place to lay them out. . . . on your coffee table, in the garden, on the floor. How will you lay them out - in a grid, in a line, in a snakey shape, in a circle? If you like take some photos of your mini exhibition.



Linear forms 2

Orange still life.

Untitled

These are two artists who use shapes. William Scott and an aboriginal artist Barbara Reid Napangarti.

Look at what they have done maybe something inspires you. Or try out your own great idea.

Choose some shapes that you have drawn and re-draw them.

Try some of these:

SCALE your drawings and make them bigger or smaller.

TRACE them so that you can repeat them to make a pattern.

DRAW one or two on card and cut around to make a template that you can draw around and repeat like a wallpaper.

STICK paper ones you have drawn around down so you make a shape collage.

PAINT the background and shapes.

Draw **LINES** and **DOTS** around your shapes like in aborigine paintings. Following the shape round and round.

YOU WILL BE AMAZED AT WHAT YOU CAN DO FROM A FEW SMALL DRAWINGS!!



Tali, rock hole

Share your work with us
admin@artsandminds.org.uk

   #CreativeCare